



# Patient Information Service

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## Having an X-ray at Southend hospital





Sometimes if you are ill or have had an injury a doctor will ask you to have an X-ray. This might be your GP or a hospital doctor.



An X-ray is a picture of the inside of your body.



We use a special camera to take the picture.



If you are already in hospital the staff will take you to the X-ray department.



If you are coming from home you will need to tell the receptionist that you have arrived for your appointment.



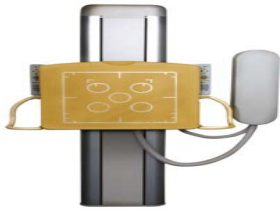
When the radiographer is ready they might ask you to put on a gown. We have a changing area if needed.



You might have to take your watch or jewellery off when they take the X-ray.



When you go in the X-ray room you may have to lay down on the bed.



Or stand in front of the camera.



The radiographer will make sure the camera is in the right place. This might take a few minutes.



If you would like your carer to stay with you they will have to stand behind the screen when your X-ray is taken.



When the camera is ready the radiographer will go behind the screen and take the pictures.



X-rays do not hurt, do not worry.



You must tell the radiographer if you are pregnant.



Once the X-rays have been taken you can get dressed and go home or back to the ward.



Your doctor will look at the X-rays and tell you if you need more treatment.



If you need extra help to have an X-ray just let us know.



We have a learning disability nurse at the hospital who can also give advice to help things go well.



You can contact her at the hospital on **01702 435555 ext 6448.**



More information for people with learning disabilities can be found on the Trust website [www.southend.nhs.uk](http://www.southend.nhs.uk)



# Patient Information Service

If this leaflet does not answer all of your questions, or if you have any other concerns please contact the learning disabilities nurse specialist on: **01702 435555 ext 6448**.

[www.southend.nhs.uk](http://www.southend.nhs.uk)

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For a translated, large print or audio tape version of this document please contact:

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