Patient Information Service

Your stay in hospital

Southend University Hospital NHS Foundation Trust
Sometimes you may need to stay in hospital.

You can help us by doing the following.

Please bring your up to date health action plan each time you visit us.

Please bring an up to date hospital passport each time you visit us.

If you do not have a hospital passport you can print one from the hospital website link, or you can phone the learning disabilities nurse.
Please bring a list of your medicines with you each time you visit us.

If you are staying overnight please bring with you:

Pyjamas and dressing gown.

Toiletries.

Books or magazines.
A small amount of money.

Snacks and drinks.

Please leave any valuables at home to keep them safe.

You will be staying on a ward with other people.

The doctors will come round to see you while you are in hospital. You may need to have some tests.
The nurses are there to help you.

Your friends and family can visit you.

If you need some extra help please contact the learning disability specialist nurse on:

01702 435555 ext 6448.
If this leaflet does not answer all of your questions, or if you have any other concerns please contact the learning disability specialist nurse, Sarah Haines on: 01702 435555 ext 6448.

www.southend.nhs.uk

For a translated, large print or audio tape version of this document please contact:

Patient Advice & Liaison Service (PALS)

Southend University Hospital NHS Foundation Trust
Prittlewell Chase
Westcliff-on-Sea
Essex, SS0 0RY

Telephone: 01702 385333
Fax: 01702 508530
Email: pals@southend.nhs.uk

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