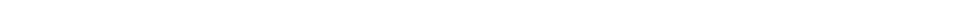


# Patient Information Service

Surgical business unit – Day surgery unit

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## Local anaesthetic procedures



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**Please take time to read this leaflet and take note of the instructions so that you will be properly prepared for your visit. If you have any problems or questions, please telephone:**

**01702 385053 (direct line)**

or

**01702 435555 ext 6158**

**(8.00am to 8.00pm, Monday to Friday)**

Your procedure will be performed under a local anaesthetic – this means you will be awake.

You can eat and drink as normal unless you are advised otherwise.

It may be advisable for you to be collected from the ward by a responsible adult, depending on the procedure you are having.

We have a pick up and drop off point at the entrance to each area (please refer to the map on page four).

## **Important**

**If you become ill or there is another reason you cannot keep your appointment please let us know as soon as possible. This will enable us to offer the place to someone else.**

We are unable to accept any responsibility for loss or damage to personal property so we ask you to keep the wearing of jewellery to a minimum.

Please do not bring large sums of money with you.

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## On the day

### Please remember:

- your admission letter
- dressing gown and slippers.

### Medication

Please bring any medication you may require during your stay, for example inhalers, insulin, diabetic or blood pressure tablets. If you take numerous tablets please bring a current list (repeat prescription sheet is ideal).

When you have been booked into the ward your nurse will prepare you for your procedure.

**Sometimes due to the order of the theatre list you may have a considerable wait before your procedure is carried out.**

Once you are back in the ward and ready to go home your nurse will give you all necessary instructions for your aftercare.

Do not hesitate to ask about anything that is not clear to you.

## Returning home after your procedure

- No matter how minor your procedure has been it still requires aftercare
- You are advised to have a small supply of painkillers at home depending on the treatment carried out. Please avoid aspirin as this can increase bleeding.
- You may be given tablets from the hospital to take home with you.

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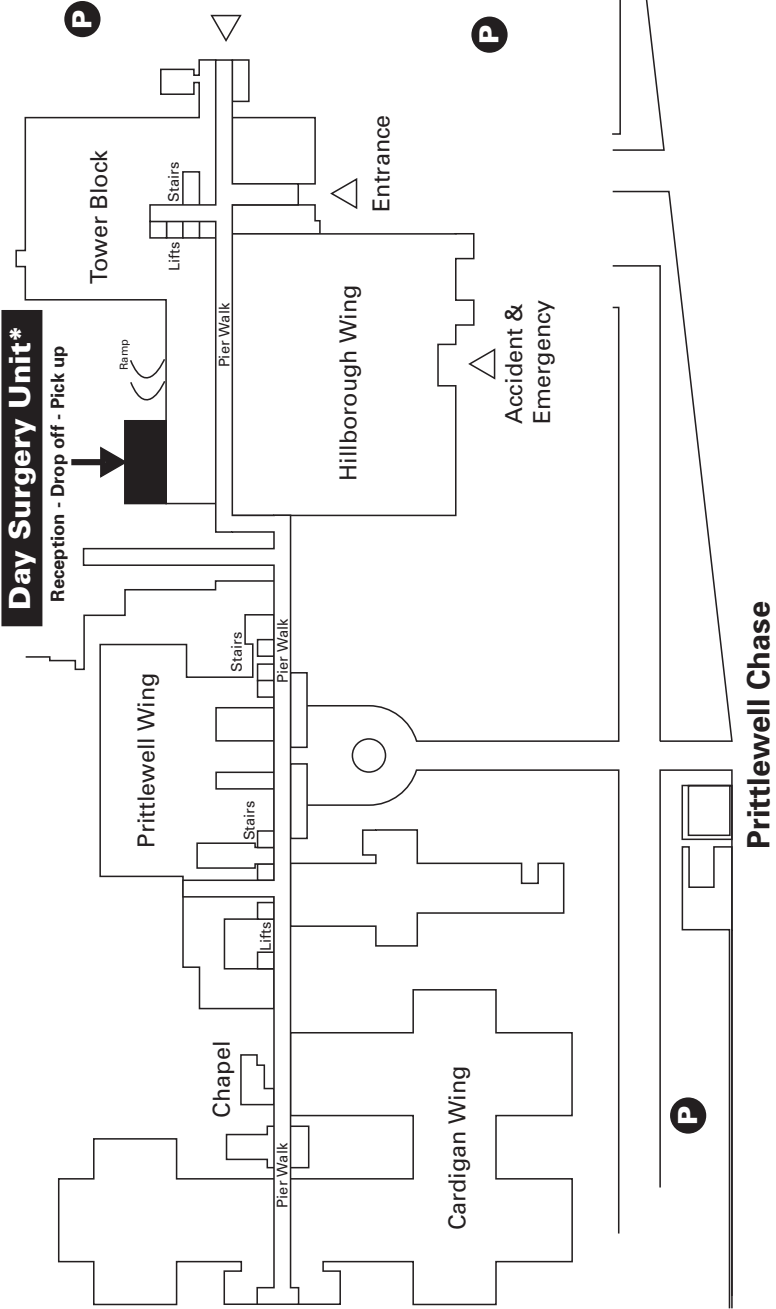
**Please note you will be charged for any tablets or medicines that you may need. You do not have to pay on the day, as you will be invoiced later. If you are exempt from prescription charges this will not apply to you.**

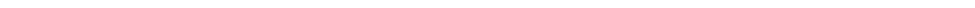
The hospital operates a no smoking policy.

If you have any concerns after your procedure please contact the day surgery unit on **01702 385053** or **ext 6158** between **8.00am and 8.00pm (Monday to Friday)** or your GP.

**We look forward to welcoming you to the ward** (please refer to the map on page four to locate the entrance which will be most convenient for you).

**\*Please access via Carlingford Drive at rear of hospital**





# Patient Information Service

If this leaflet does not answer all of your questions, or if you have any other concerns please contact the day surgery unit on:  
**01702 385053 ext 6158.**

**[www.southend.nhs.uk](http://www.southend.nhs.uk)**

For a translated, large print or audio tape version of this document please contact:

**Patient Advice & Liaison Service (PALS)**

**Southend University Hospital NHS Foundation Trust**

**Prittlewell Chase**

**Westcliff-on-Sea**

**Essex, SS0 0RY**

**Telephone: 01702 385333**

**Fax: 01702 508530**

**Email: [pals@southend.nhs.uk](mailto:pals@southend.nhs.uk)**