Your care in the best place
At home, in your community and in our hospitals

Easy read booklet
Mid and South Essex Sustainability and Transformation Partnership (STP)
Who we are…

We are a group of health, care and voluntary organisations in mid and south Essex.

We are working together to make sure local people get the best health and social care they can.

We are called the Mid and South Essex Sustainability and Transformation Partnership.

In mid Essex we cover Braintree, Maldon and Chelmsford.

In south Essex we cover Southend, Castle Point and Rochford, Basildon, Brentwood and Thurrock.

Sustainability and Transformation Partnerships are sometimes called STPs.

There are 44 STPs in England.
What we are doing…

A lot of NHS care in mid and south Essex is excellent.

But we know that some NHS care could be better.

We want to make sure local people get the care they need at the right time and in the right place.

This could be…

• at home
• in the community
• or in a hospital.

We aim to deal with problems in health and social care now.

But we are also planning for the future.
Our 5 year plan…

We plan to bring together different organisations to meet all of your physical, mental and social care needs.

You and your family

We can all do more to stay healthy and avoid serious illness.

We will support you to do this.

At home and in your community

We will improve health services in your local community.

These include GPs, pharmacists, nurses and mental health therapists.

In our hospitals

Southend, Chelmsford and Basildon hospitals will work together to offer more specialist care.

But they will still provide most hospital services.
Here are the changes we want to make to our hospitals...

We have been thinking about how we can make **specialist services** in our local NHS better for the future.

A **specialist** is a person who is an expert in one type of medicine.

A **specialist** provides **specialist services** to help people with a range of different complex illnesses.

We have found 5 important areas we think need to change.

We want to know what **you** think of the following 5 areas...
1. We plan to improve Accident and Emergency (A&E)

We want to make new **assessment and treatment centres** at each of our hospitals.

These will work alongside **Accident and Emergency departments**.

These are sometimes called **A&E**.

**A&Es** will be led by a consultant.
They will be open 24 hours a day.

They will receive **blue light** ambulances.

**Blue light** ambulances are emergency ambulances.
2. We plan to create a specialist stroke unit

We want to create a new specialist unit for people who have had a stroke.

A stroke is a serious illness that happens when blood cannot get to the brain.

The new stroke unit will provide people with intensive care for the first 72 hours after a stroke.

Staff at the stroke unit will use equipment to quickly examine the patient and find out what is wrong.

They will then give specialist health care.

This specialist stroke unit would work alongside the three other stroke units in each hospital.
3. We plan to offer some specialist care in one place for inpatients

An inpatient is someone who stays in hospital overnight.

We plan to make care better for inpatients by bringing specialist care experts together in one place.

We plan to have this service open longer each day and for 7 days a week.

This has worked well in other hospitals.

It has helped more people get better.
4. We plan to separate planned and emergency operations

We want to separate some planned operations from emergency operations.

We think some planned operations could be done in **Southend Hospital** for people in south Essex.

We think some planned operations could be done in **Braintree Community Hospital** for people in mid Essex.

Separating planned operations from emergency operations would mean…

- there would be fewer cancelled operations
- infections would not spread so easily.
5. **We plan to move community health services closer to where people live**

We think some hospital services would be better if they are given in community health centres.

We want to set up new **integrated medical centres**.

In these centres, health and social care staff can bring together all the different types of care that you need.

For example, we are thinking about moving services from Orsett Hospital to new centres closer to where people live.

We are thinking about new centres for people living in Thurrock, Basildon, Brentwood and Billericay.
What this all means for our local NHS service…

These changes mean that every day 15 emergency patients and 14 planned operations will go to a different hospital for a few days.

But we think this will be better for people as a specialist team will help people get better more quickly.

A new service will move patients quickly from one hospital to another.

To make sure you are safe this might include travelling with a health care professional.

We plan to offer a free bus service so your friends and family can visit you in hospital.
Having your say…

We have spent a long time on these plans.

We have spoken to local people, health teams and partner organisations.

We now want to know what you think about our plans.

We will make a final decision about the plans in summer 2018.
Public meetings to talk about our plans

We are running public meetings across mid and south Essex for everyone to talk about these plans.

At these meetings you will be able to hear more about our plans.

At these meetings you will be able to tell us what you think.

These meetings are a really important way for your voice to be heard.
Public meetings in Basildon and Brentwood

7.00pm-9.00pm
Tuesday 16 January 2018
Wick Community Centre
Wickford
Essex SS12 9NR

1.30pm-3.30pm
Wednesday 17 January 2018
Chantry House
Chantry Way
High St
Billericay CM11 2BB
Parking please use Billericay High Street car parks.

6.30pm-8.30pm
Wednesday 21 February 2018
Brentwood Community Hospital
Crescent Drive
Brentwood
Essex CM15 8DR

1.30pm-3.30pm
Tuesday 27 February 2018
The Gielgud Room
Towngate Theatre
St. Martins Square
Basildon
Essex SS14 1DL
Public meetings in Castle Point, Rochford and Southend-on-Sea

6.30pm-8.30pm
Thursday 8 February 2018
Maritime Room
Cliffs Pavilion
Westcliff-on-Sea
Essex SS0 7RA

2.30pm-4.30pm
Tuesday 20 February 2018
Oysterfleetc Hotel
21 Knightwick Road
Canvey Island
Essex SS8 9PA

2.30pm-4.30pm
Wednesday 7 March 2018
Audley Mills Education Centre
57 Eastwood Rd
Rayleigh
Essex SS6 7JF
Public meetings in Mid Essex

6.30pm-8.30pm
Tuesday 9 January 2018
Chapter House
Cathedral Walk
Chelmsford
Essex CM1 1NX

1.30pm-3.30pm
Wednesday 31 January 2018
Michael Ashcroft Building (1st Floor)
Anglia Ruskin University
Chelmsford Campus
Bishop Hall Lane
Chelmsford
Essex CM1 1SQ

6.30pm-8.30pm
Wednesday 7 February 2018
Braintree Town Hall (main room)
Market Place
Braintree
Essex CM7 3YG

6.30pm-8.30pm
Wednesday 28 February 2018
Plume Academy School
Fambridge Road
Maldon
Essex CM9 6AB
Public meetings in Thurrock

6.30pm-8.30pm
Wednesday 24 January 2018
Civic Hall
Blackshots Lane
Grays
Essex RM16 2JU

1.30pm-3.30pm
Tuesday 6 March 2018
Civic Hall
Blackshots Lane
Grays
Essex RM16 2JU
How to tell us you want to come to a public meeting…

You can book your place at a public meeting by visiting our website

Or you can contact us using our details on the next page.

Please check our website as we will keep adding more public meeting dates:
www.nhsmidandsouthessex.co.uk/have-your-say/events

We hope you will take part.
How to contact us...

Email
meccg.stpconsultation.nhs.net

Phone
01245 398118

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