

## **Nephrostogram - A Patients Guide**

### **What is a Nephrostogram?**

A Nephrostogram is a post-operative check to ensure urine is draining correctly from the kidney. A clear liquid visible to X-rays is introduced into the Nephrostomy tube while being observed on a screen.

### **How do I prepare for my examination?**

No preparation is required for this examination. Please bring a spare drainages bag with you.

### **What happens when I arrive?**

On arrival in the X-Ray Department, you will be asked to change into a gown. Your clothes will be placed in a bag and brought with you to the examination room. When the time comes for your test, you will be taken into the X-Ray Room. If you are a woman of childbearing age, you will be asked if you are pregnant.

### **What does it involve?**

The Radiologist will talk to you about exactly what is going to happen. A Radiographer and nurse may also be present. You will be asked to lie down on the x-ray couch and a syringe containing x-ray will be attached to your nephrostomy tube. The x-ray dye will then be injected down the tube while x-ray images are taken. Once the test is complete the syringe will be unattached and a new drainage bag attached to your nephrostomy. In certain circumstances the nephrostomy tube might be removed and a dressing placed over the wound.

### **How will I get my results?**

The Radiologist will want to carefully analyse the images later and provide a detailed report to the referring consultant or GP.

### **How long will it take?**

20-30 minutes.

### **After the examination**

You will be able to dress and leave the department. You should be able to go home as soon as the test is finished.

### **Are there any side effects or after effects?**

There should be no side effects from the test.