

Pouchogram - A Patients Guide

What is a Pouchogram?

A Pouchogram is an X-ray test to show the ileal pouch. A soft flexible tube is usually introduced into the opening and a clear liquid visible to X-ray introduced while X-rays images are taken.

How do I prepare for my examination?

No preparation is required for this examination

What happens when I arrive?

On arrival in the X-Ray Department, you will be asked to change into a gown. Your clothes will be placed in a bag and brought with you to the examination room. If you are a woman of childbearing age, you will be asked if you are pregnant.

What does it involve?

The Radiologist will talk to you about exactly what is going to happen. A Radiographer and assistant may also be present. You will be asked to lie on the x-ray couch and a small rubber tube is inserted into your back passage. A special X-ray dye is then introduced through the tube and into the bowel. You may be asked to turn from side to side as x-ray images are taken. Once the procedure has finished the dye will be drained and the tube removed.

How will I get my results?

The Radiologist will want to carefully analyse the images and provide a detailed report to the referring consultant or GP.

How long will it take?

The examinations will take between 20-30 minutes.

After the examination

You will be able to dress and leave the department. You should be able to go home as soon as the test is finished.

Are there any side effects or after effects?

There should be no side effects and you will be able to eat and drink normally after the procedure.