

Sinogram - A Patients Guide

What is a Sinogram?

A Sinogram is an X-ray test to demonstrate a body cavity or wound. A soft flexible tube is usually introduced into the opening and a clear liquid visible to X-rays introduced while X-rays are taken.

How do I prepare for my examination?

No preparation is required for this examination.

What happens when I arrive?

On arrival in the X-Ray Department, you will be asked to change into a gown. Your clothes will be placed in a bag and brought with you to the examination room. When the time comes for your test, you will be taken into the X-Ray Room. If you are a woman of childbearing age, you will be asked if you are pregnant.

What does it involve?

The Radiologist will talk to you about exactly what is going to happen. A Radiographer and assistant may also be present. You will be asked to lie down on the x-ray couch and a small soft rubber tube will be placed into the open sinus/wound. A special x-ray dye is then passed through the tube and into the sinus. You may be asked to turn as x-ray images are taken to see where the sinus leads to. Once the examination is complete most of the dye will be drained and the tube will be removed.

How will I get my results?

The Radiologist will want to carefully analyse the images later and provide a detailed report to the referring consultant or GP.

How long will it take?

Between 20-30 minutes.

After the examination

You will be able to dress and leave the department. You should be able to go home as soon as the test is finished.

Are there any side effects or after effects?

There should be no side effects from this examination and you can eat and drink normally afterwards.