

## **Stoma Test - A Patients Guide**

### **What is a Stoma Test?**

This is an X-ray test to examine the bowel from the stoma. A soft rubber tube is used to introduce a liquid visible to X-rays, and a series of films are taken.

### **How do I prepare for my examination?**

There is no preparation for this test, but please bring a spare stoma bag

### **What happens when I arrive?**

On arrival in the X-Ray Department, you will be asked to change into a gown. Your clothes will be placed in a bag and brought with you to the examination room. If you are a woman of childbearing age, you will be asked if you are pregnant.

### **What does it involve?**

The Radiologist will talk to you about exactly what is going to happen. A Radiographer and assistant may also be present. A small rubber tube with a small balloon is placed into the stoma. Once in place the balloon will be inflated to hold the tube still. X-ray dye is then introduced into the stoma and a series of x-ray images will be taken. You may be asked to turn or move to certain positions during the test. Once the test is complete the tube will be removed and you will be free to leave.

### **How will I get my results?**

The Radiologist carefully analyse the images and provide a detailed report to the referring consultant or GP.

### **After the examination**

You will be able to dress and leave the department. You should be able to go home.

### **Are there any side effects or after effects?**

There should not be any side effects. You will be able to eat and drink normally after the examination.