

## **Venogram - A Patients Guide**

### **What is a Venogram?**

A Venogram is an X-ray examination of the veins of a limb. This involves a small injection followed by a series of pictures. The test will take approximately 30 minutes.

### **How do I prepare for my examination?**

There is no preparation necessary for this examination.

### **What happens when I arrive?**

On arrival in the X-Ray Department, you will be asked to change into a gown. Your clothes will be placed in a bag and brought with you to the examination room.

When the time comes for your test, you will be taken into the X-Ray Room. If you are a woman of childbearing age, you will be asked if you are pregnant.

### **What does it involve?**

The Radiologist will talk to you about exactly what is going to happen. A Radiographer and assistant may also be present.

You will be asked to lie on the x-ray couch. A small needle will be put into a vein below the area of interest. A small amount of x-ray dye will then be injected into the vein. A series of x-rays will then be taken to follow the flow of the dye. It is important that you keep still during the procedure. Once all the images are taken the needle will be removed and a small dressing placed over the puncture site. You will then be free to leave.

### **How will I get my results?**

The Radiologist may be able to tell you what the examination has shown. More often the Radiologist will want to carefully analyse the images later and provide a detailed report to the referring consultant or GP.

### **How long will it take?**

The test will take approximately 30 minutes.

### **After the examination**

You will be able to dress and leave the department. You should be able to go home as soon as the test is finished. . You are advised to wear soft shoes and to keep your leg elevated and avoid standing for long periods (approx 3-4 hrs) following the examination.