

## **CT Urinary Tract without Contrast – A Patients Guide**

### **How does a CT (Computed Tomography) Scanner work?**

X-rays pass through your body as you slowly slide through the scanner, producing cross sectional images.

### **Who does your Scan?**

You will be scanned by a Radiographer who is specially trained in this area.

### **Before your Scan**

The Radiographer will explain the procedure to you before the examination starts and you should feel free to ask questions. For most examinations you will need to change into a gown and remove jewellery. It may be possible to avoid this if you attend in clothing that is completely free of metal fittings, zips, clips, buttons etc.

CT scanning uses X-rays to provide sectional pictures of the body. The test takes approximately 15 minutes.

Please drink a Litre of water in the hour before your scan appointment and try to avoid passing urine if possible.

### **During the Scan**

Some examinations may require an injection of a special iodine based dye. This can be helpful in providing maximum diagnostic information from your test. The Radiographer will explain this to you if it is required for your examination. You may also be asked to follow breathing instructions for short periods of time depending on the body part being examined. If the injection is required you should not drive for one hour following the scan.

### **Who interprets your Scan**

A Radiologist will interpret your scan. This is a doctor that has specialised in medical imaging.

### **Results**

The outpatient department or your referring clinician will tell you when you go back for your results

**If you have any questions please contact the CT & MRI Reception Desk on 01702 385036 or Fax 01702 385921**