



Important information

Children's Appointments

Please select the correct appointment type and location.

Southend Hospital children appointments aged 3 and under call - 01702 385421

Basildon/Orsett Hospital children appointments age 10 and under call - 01268 524900 Extn 8167

Specialist Tests

Specialist tests can only be carried out at Basildon or Southend Hospital phlebotomy clinic as they are situated close to the testing laboratory. Your clinician should advise you of this.

INR Tests

Dedicated slots are available for INR tests before 2pm to ensure the result is available on the same day for Warfarin dosing.

Difficult to bleed?

If you have experienced difficulty having a blood test speak with your phlebotomist prior to having your test.



Important information

Having a blood test is a safe procedure but has rare risks that could include:

Bleeding

It is common to bleed after a blood test which should stop quickly after a pad is applied. Rarely it may bleed excessively – a phlebotomist will stem the bleed.

Bruising

It is common after a blood test. Rarely it may bruise severely. Bruising is not permanent and will heal.

Fainting

Some people get dizzy or faint during or after a blood test. – a phlebotomist will advise you how to help this pass.

Fasting

Do not eat or drink (other than plain tap water) for 10 hours before attending your appointment. Unless advised otherwise by your clinician. Take medication as normal. If medication has to be taken with food seek advice from your clinician.

GTT Tests

Follow fasting information above. GTT Test require you to select the correct appointment type. It requires 2 appointments at 2 hour intervals or 3 for antenatal visits.

Fasting Patients are reminded to bring something to eat and drink after their blood test



Working in Partnership with the NHS

How to book a blood test?

When you are asked by your doctor to have a blood test.

Did you know there are lots of places you can go to have your blood taken?

You can attend a clinic convenient to you. Regardless which GP you are registered

For more information and to book an appointment visit:

www.southend.nhs.uk/for-patients-visitors/blood-tests
www.basildonandthurrock.nhs.uk/blood-tests-online

Or call 01702 746065



Booked Appointment

Basildon- Basildon OPD, Basildon Hospital,SS16 5N

Benfleet- The Tyrells, Seamore Avenue, SS7 4EX

Billericay- St Andrews Billericay, Stock Road,CM12 0BH

Canvey Island-The Central Canvey PCT, Long Road, SS8 0JA
Canvey OP Clinic, Long Road,SS8 0JA

Eastwood- Kent Elms Corner, Rayleigh Road,SS9 5UU

Grays- Orsett Clinic, Rowley Road, RM16 3EU

Great Wakering- Great Wakering Medical Centre, High Street, SS3 0HX

Hadleigh- Hadleigh Clinic,49,London Road, SS7 2QL

Hockley- Hockley Clinic, 53 Spa Road, SS5 4AR
Riverside Medical Centre, 173 Ferry Road, SS5 6JJ

Leigh-on-Sea- Eastwood Road North, SS9 4LT
Leigh Primary 918 London Road,SS9 3NG

NEW!

North Shoebury– Frobisher Way ,Shoeburyness,SS3 8UT

Rayleigh- Rayleigh Clinic, Eastwood Road, SS6 7JP

Shoebury- Thorpedene Clinic, Delaware Road, SS3 9NW

Stanford-Le-Hope- Hassengate Medical Centre, Southend Road,SS17 0PH

NEW! Evening Availability

Southend– Southend Medical Centre, London Road, SS1 1NX

Southend Hospital - Children aged 4 and over
Southend Hospital, SSO ORY

Westcliff -The Valkyrie Surgery, 50 Valkyrie Road, SS0 8BU

Wickford– St Marys Church Hall, Church End Lane, SS11 7JQ

Non-Appointment

Aveley– Aveley Medical Centre, High Street, RM15 5AD

Chadwell–
Chadwell Health Centre , 1 Brentwood Road, RM16 4JD

East Tilbury-
The Rigg Milner Medical Centre, 2 Bata Avenue, RM18 4SD

Grays– Grays Health centre, Brooke Road, RM17 5BY

Grays–
Stifford Clays Medical Centre, Crammarvill Street, RM16 2AP

Laindon– Laindon Health Centre, Basildon, SS15 5TR

South Ockendon-
Darenth Lane Health Centre, Darenth Lane, RM15 5LP

South Ockendon–
Peartree Surgery, Peartree Close, RM16 6PR

Tilbury– Tilbury Health Centre, Civic Square, RM18 8EB

Booked Appointment & Non-Appointment

Purfleet– Purfleet Care Centre, Tank Hill Road, RM19 1SS
[Extra appointments added](#)

Our appointment only clinics offer a fast and efficient service.

We also provide a limited amount of walk in clinics, however we cannot guarantee waiting times at these venues.

swiftQueue
the sooner the better



BOOK YOUR NEXT BLOOD TEST APPOINTMENT ON-LINE

www.southend.nhs.uk/for-patients-visitors/blood-tests

www.basildonandthurrock.nhs.uk/blood-tests-online

The online service is the most user friendly way of obtaining a blood test appointment, as it allows you to cancel and move your appointments at your convenience.

Or call 01702 746065

**Lines are open
Monday to Friday 7:30 to 17:00
(Lines closed on UK public holidays)**