February 2012

I would like to make a request for information regarding your Formulary.

1. I would like to request a copy of your current Prescribing Formulary. We currently hold the

   a. Southend Hospital Formulary - 7th Edition 2010

      The Southend Hospital’s Formulary - 7th Edition is the most recent version. (please note this
      formulary is currently under review).

      *This document can be made available on request.*

   b. South East Essex GP Formulary 2010

      This Formulary is not held by the Trust, you may wish to make a request to NHS South East
      Essex Primary Care Trust (SEE PCT) [http://www.see-pct.nhs.uk/](http://www.see-pct.nhs.uk/).

      Please advise if this is still in current use, or if not, please supply a copy of your most recent
      formulary.

      Yes this version is currently in use.

2. I would be grateful if you could answer the following questions if this information is not contained
   within the formulary;

   a. The name of the committee which updates the above?

      South East Essex Medicines Management Committee would oversee and approve any
      completed sections

   b. Review dates and next scheduled update dates?

      This formulary is currently under review.

   c. Which other organisations use the formulary?

      NHS South East Essex Primary Care Trust (SEE PCT) uses the Formulary.

3. I would also ask if the Trust has a separate Wound Care Formulary, and if so, would like to request
   a copy.

We do not have a Wound Care Formulary as such. However, for dressings we have a basic stock of
first line dressings which are suitable for the majority of patients in secondary care. This is very
closely managed by the Sterile Services Department and the wound Management Team (WMT).

There are posters on every ward/department (as enclosed) illustrating the first choice dressing
selection for staff and including instructions about how to refer for advice concerning more complex
requirements. Each ward has a bespoke list of suitable dressings.
Wound management is based on a holistic assessment of the patient, the underlying cause of the wound, the wound bed characteristic and the properties of the dressing. Refer to the Trust’s guidelines and policies for the management of wounds and/or the wound management formulary. For further information, please contact the Tissue Viability Team; for Infected Wounds refer to the wound complications chart.

### Wound Care Guidelines For First Choice Dressings*

Wound management is based on a holistic assessment of the patient, the underlying cause of the wound, the wound bed characteristic and the properties of the dressing. Refer to the wound management formulary.

#### WOUND TYPE

<table>
<thead>
<tr>
<th>Exudate</th>
<th>Dressings</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Necrotic</strong></td>
<td>Identified by presence of predominantly black or yellowish brown tissue</td>
</tr>
<tr>
<td>Surgical</td>
<td>- Hydrogels: Purilon, Intrasite Conformable, Alginate, Hydrocolloid, Non/low Adherent</td>
</tr>
<tr>
<td>Hydrofibre</td>
<td>Surgical Therapy: Tegaderm, Hydrofibre, ActivHeal Alginate, ActivHeal Hydrocolloid</td>
</tr>
<tr>
<td>Alginate</td>
<td>Surgical Therapy: Tegaderm, Hydrofibre, ActivHeal Alginate, ActivHeal Hydrocolloid</td>
</tr>
<tr>
<td>Hydrofibre</td>
<td>Surgical Therapy: Tegaderm, Hydrofibre, ActivHeal Alginate, ActivHeal Hydrocolloid</td>
</tr>
<tr>
<td>Non/low Adherent</td>
<td>Surgical Therapy: Tegaderm, Hydrofibre, ActivHeal Alginate, ActivHeal Hydrocolloid</td>
</tr>
</tbody>
</table>

#### MANAGEMENT AIM

- **Debridement**: Autolytic (rehydrate the eschar), Enzymatic, Chemical, Biosurgical, Surgical/Sharp
- **Hydrogels**: Purilon, Intrasite Conformable, Alginate, Hydrocolloid, Non/low Adherent
- **Hydrofibre**: Surgical Therapy: Tegaderm, Hydrofibre, ActivHeal Alginate, ActivHeal Hydrocolloid
- **Alginate**: Surgical Therapy: Tegaderm, Hydrofibre, ActivHeal Alginate, ActivHeal Hydrocolloid
- **Non/low Adherent**: Surgical Therapy: Tegaderm, Hydrofibre, ActivHeal Alginate, ActivHeal Hydrocolloid

#### NO/Low EXUDATE

- **Hydrogels**: Purilon, Intrasite Conformable, Alginate, Hydrocolloid, Non/low Adherent
- **Hydrofibre**: Surgical Therapy: Tegaderm, Hydrofibre, ActivHeal Alginate, ActivHeal Hydrocolloid
- **Alginate**: Surgical Therapy: Tegaderm, Hydrofibre, ActivHeal Alginate, ActivHeal Hydrocolloid
- **Non/low Adherent**: Surgical Therapy: Tegaderm, Hydrofibre, ActivHeal Alginate, ActivHeal Hydrocolloid

#### MEDIUM EXUDATE

- **Hydrogels**: Purilon, Intrasite Conformable, Alginate, Hydrocolloid, Non/low Adherent
- **Hydrofibre**: Surgical Therapy: Tegaderm, Hydrofibre, ActivHeal Alginate, ActivHeal Hydrocolloid
- **Alginate**: Surgical Therapy: Tegaderm, Hydrofibre, ActivHeal Alginate, ActivHeal Hydrocolloid
- **Non/low Adherent**: Surgical Therapy: Tegaderm, Hydrofibre, ActivHeal Alginate, ActivHeal Hydrocolloid

#### HEAVY EXUDATE

- **Hydrogels**: Purilon, Intrasite Conformable, Alginate, Hydrocolloid, Non/low Adherent
- **Hydrofibre**: Surgical Therapy: Tegaderm, Hydrofibre, ActivHeal Alginate, ActivHeal Hydrocolloid
- **Alginate**: Surgical Therapy: Tegaderm, Hydrofibre, ActivHeal Alginate, ActivHeal Hydrocolloid
- **Non/low Adherent**: Surgical Therapy: Tegaderm, Hydrofibre, ActivHeal Alginate, ActivHeal Hydrocolloid

### OTHER CONSIDERATION

- **Diabetic debridement**: hydrogels are not always appropriate, please refer to WMT.
- **Cavilon**: chlorinated preparation, e.g. Eusol Cream.
- **Eusol Cream**: is only indicated for the debridement of tissue.
- **Hydrocolloid**: is indicated for the debridement of tissue.
- **Hydrofibre**: is indicated for the debridement of tissue.
- **Alginate**: is indicated for the debridement of tissue.
- **Hydrofibre**: is indicated for the debridement of tissue.
- **Non/low Adherent**: is indicated for the debridement of tissue.
- **Other**: is indicated for the debridement of tissue.

#### Complex Wounds

For complex wounds, infected wounds, diabetic wounds or the use of VAC/Larvae please contact WMT.

#### Contact Numbers

Southend University Hospital
NHS Foundation Trust

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* Second choice dressings maybe used when a surgical patient’s wound has not improved within one week or if a medical patient’s wound has not improved within 2 weeks - Please contact Link Nurse for clinical area or TVN